DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 2 (gluten free options available)

DISHES			S			Flour	Milk		MUSTARD			Ra		Beer
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken curry		\checkmark							\checkmark					
Quorn curry									\checkmark					
Chicken Nuggets and Diced Potatoes														
Veggie Nuggets and Diced Potatoes													\checkmark	
Roast Gammon dinner														
Quorn roast dinner														
Meatballs & Pasta		\checkmark											\checkmark	
Quorn Meatballs & Pasta														
Fish & Chips					\checkmark									
Jacket Potato														



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DISHES			Mer			Lupin Flour	Milk		MUSTARD					Beer
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Penny														
Lemon Drizzle														
Ice Cream														
Chocolate Brownie		\checkmark												
Carrot Cake														
Fruit pots														
Yogurts														
Cheese														
Crackers														



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DISHES			Mer			Flour			MUSTARD			Re-		Beer
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Review date:

