DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 3 (gluten free options available)

DISHES						Lupin Flour	Milk		MUSTARD			ISLAM!		WNE Soor
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Curry							$\sqrt{}$		√					
Quorn Curry							V		√				√	
Beef Burger		√							√				√	√
Veggie Burger		1							1					
Roast Gammon dinner		1												
Quorn Roast Dinner		1												
Macaroni Cheese with Ham		1					V		1					
Fish & Chips		1			V									
Jacket Potato														

Review date: 04/09/23 Reviewed by: Mrs H. Stott



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DISHES					D°2	Lupin	Milk		MUSTARD			SISAMI		WNE
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chocolate Penny		√												
Lemon Drizzle		V		$\sqrt{}$			$\sqrt{}$							
Ice Cream							$\sqrt{}$							
Chocolate Brownie		V												
Carrot Cake		V												
Fruit Pots														
Cheese							$\sqrt{}$							
Crackers		V												
Yogurts							$\sqrt{}$							

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You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 3 (gluten free options available)

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISAMO		WNE Boor
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide