

ELLESMERE PORT SSP

SCHOOL GAMES QUIZ CHALLENGE

Below is the School Games Quiz, research the answer and complete the physical activity

SCHOOL GAMES QUESTION	YOUR ANSWER	ACTIVITY (30 seconds)	HOW MANY?	CORRECT ANSWER
How many players in a Goalball team?		Sit Ups		
How many points are rewarded for the centre of a Archery target?		Press Ups		
How many Gold Olympic medals did Usain Bolt win?		Burpees		
How many people took part in a World Record Badminton relay?		Star Jumps		
How many teams play against each other in a game of Boccia?		Balloon keep ups		
At what age did Anthony Joshua win Gold at London 2012		Boxing Jabs		
In Canoeing how far is the KI event?		Balance on one foot		
How many runs did Ben Stokes score in the Cricket World Cup final in 2019?		Speed bounce (try over a book)		
How far did (in km) Bradley Wiggins cycle on a track in 1 hour to get a World Record?		Step Ups (use the first step on your stairs)		
How many Equestrian Gold medals were awarded at the 2012 Olympics?		Sprint on the spot		